



MCH PEDIATRIC COURSES / COURS DE PÉDIATRIE DE L'HME 2023

## Practical Problems in Pediatrics

### *Problèmes pratiques en pédiatrie*

February 9-10, 2023 – Virtual / 9-10 février 2023 – Virtuel

# DRAFT AGENDA

Thursday, February 9, 2023

**7:30 - 8:00**      **SIGN-IN, VISIT EXHIBITORS**

**8:00 - 8:15**      **Introduction to the Programme and Quick Quiz**

**Helena Evangeliou**, MDCM, MBA, FRCPC (elle/ she/ her)  
*Medical Director, Pediatric Medical Day Hospital,  
Montreal Children's Hospital, MUHC, Montréal, QC*

**Chi-Minh Phi**, MD, FRCPC  
*Pediatrician, Program Head - Northern and Indigenous Child Health Program,  
Montreal Children's Hospital, MUHC, Montréal, QC*

**8:15 - 8:50**      **Top 5 Consults in Pediatric Endocrinology**

**Preetha Krishnamoorthy**, MDCM, FRCPC  
*Pediatric Endocrinologist, Montreal Children's Hospital, MUHC, Montréal, QC*

**8:50 - 9:00**      QUICK QUIZ

**9:00 - 9:35**      **The CMPI Code: Deciphering the Formula**

**Terry Sigman**, MD, FRCPC  
*Director, Division of Pediatric Gastroenterology,  
Montreal Children's Hospital, MUHC, Montréal, QC*

This presentation will discuss the challenge of identifying infants with CMPI and management strategies for these infants in your office practice.

**9:35 - 9:45**      QUICK QUIZ

**9:45 - 10:20**      **Never-ending Infections: Is it really just another cold?**

**Reza Alizadehfar**, MD, FRCPC  
*Associate Professor of Pediatrics, Division of Pediatric Allergy and Clinical Immunology  
and Dermatology, Montreal Children's Hospital, MUHC, Montréal, QC*

**10:20 - 10:45**      **BREAK AND VISIT EXHIBITS**

**10:45 - 11:20**      **Office-based Management of ADHD**

**Martin Gignac**, MD, FRCPC  
*Chief of Child and Adolescent Psychiatry, Montreal Children Hospital, MUHC;  
Associate Professor, and Head of the Division of Child and Adolescent Psychiatry,  
McGill University, Montréal, QC*



**COURSE AGENDA – Thursday, Feb. 9 (cont'd)**

**11:30 - 12:20 Boost Your Vaccine Knowledge! An Immunization Update**

**Marina Ines Salvadori, MD, FRCPC**

*Professor, Division of Pediatric Infectious Diseases, McGill University;*

*Pediatric Infectious Disease Specialist, Montreal Children's Hospital, MUHC, Montréal, QC*

**12:20 - 13:30 LUNCH BREAK (Visit Exhibits / Sponsored Mini-Symposia)**

**CONCURRENT SESSIONS**

**13:30 - 14:20 SESSION 1 – Choice of A or B**

**A) Hot off the Press: Modern Approach to the Febrile Infant**

**Brett Burstein, MD, PhD, MPH, FRCPC, FAAP**

*Clinician-Scientist, Pediatric Emergency Medicine,*

*Montreal Children's Hospital, MUHC, Montréal, QC*

**B) A Recipe for Eating Disorders: Family-Based Therapy in Primary Care**

**Holly Agostino, MD, FRCPC**

*Pediatrician, Adolescent Medicine Specialist,*

*Montreal Children's Hospital, MUHC, Montréal, QC*

**14:30 - 15:20 SESSION 2 – Choice of C or D**

**C) Mind the Gap: Best Practices for Transitioning from Pediatric to Adult Care**

**Lorraine Bell, MDCM, FRCPC**

*Pediatric Nephrologist; Director of Pediatric Transition to Adult Care,*

*Montreal Children's Hospital, MUHC, Montréal, QC*

**D) Physician, Heal Thyself! A Workshop in Physician Wellness**

**Samuel Freeman, MD, FRCPC**

*Pediatrician, Northern and Native Medicine Program,*

*Montreal Children's Hospital, MUHC, Montréal, QC*

**15:30 - 16:30 SPECIAL SYMPOSIUM:**

**RSV Infections: Burden of Illness and Prevention (title TBC)**

Speaker TBD



## Friday, February 10, 2023

7:30 - 8:00

**SIGN-IN, VISIT EXHIBITORS**

8:00 - 8:55

**SPECIAL SYMPOSIUM:**

**The COVID Pandemic: Burden of Illness and Prevention in Pediatrics**

**Jesse Papenburg, MD, MSc, FRCPC**

*Pediatric Infectious Diseases Specialist and Medical Microbiologist,  
Montreal Children's Hospital, MUHC, Montréal, QC*

In this presentation, we will review the burden of COVID-19 and the literature on vaccines and treatments approved for use in children and adolescents.

9:00 - 9:10

**Introduction and Quick Quiz**

**Helena Evangeliou, MDCM, MBA, FRCPC**

**Chi-Minh Phi, MD, FRCPC**

9:10 - 9:45

**Zap the Zit! A Guide to the Management of Acne**

**Barbara Miedzybrodzski, MD, FRCPC**

*Assistant Professor, Pediatric Dermatology, McGill University;  
Montreal Children's Hospital, MUHC, Montréal, QC*

9:45 - 9:55

QUICK QUIZ

9:55 - 10:30

**Teen Talk 2023: The Dos and Don'ts of Talking with LGBTQ2S+ Youth**

**David Martens, MD, FRCPC**

*Adolescent Medicine Specialist, Montreal Children's Hospital, MUHC, Montréal, QC*

In this presentation, we will present strategies on how to discuss sexual orientation and gender identity with our patients.

10:30 - 11:00

**BREAK AND VISIT EXHIBITS**

11:00 - 11:35

**Asthma Update: Review of the 2021 Canadian Thoracic Society Guidelines**

**Lianne Kopel, MD, FRCPC,**

*Pediatric Respiriologist, Co-program director, Pediatric Respiriology, Montreal Children's Hospital, MUHC; Assistant Professor, Department of Pediatrics, McGill University, Montréal, QC*

**Sophie Vallée-Smejda, MScN**

*Pediatric Nurse Practitioner, Respiratory Medicine,  
Montreal Children's Hospital, MUHC, Montréal, QC*

This session will review the latest guidelines from the Canadian Thoracic Society in regards to children and adolescents with asthma.

11:35 - 11:45

QUICK QUIZ



**COURSE AGENDA – Friday, Feb. 10 (cont'd)**

**11:45 - 12:20 Newborn Screening: What's on the Panel?**

**Nancy Braverman, MD, MSc, FACMG**

*Medical Geneticist, Montreal Children's Hospital, MUHC;*

*Professor of Human Genetics and Pediatrics, McGill University, Montréal, QC*

**12:20 - 13:30 LUNCH BREAK (Visit Exhibits / Sponsored Mini-Symposia)**

**13:30 - 14:05 Adolescent Gynecology – Help!**

Speaker TBD

**14:05 - 14:15 QUICK QUIZ**

**14:15 - 14:50 First Year, First Foods: an Allergist's Introduction Primer**

**Christine McCusker, BSc, MSc, MD, FRCP**

*Division Director, Allergy, Immunology, Dermatology, Clinician Scientist*

*Montreal Children's Hospital, MUHC RI, Montréal, QC*

Early introduction of allergenic foods reducing the risk for life long food allergy. However, how and when to introduce foods, what foods to introduce and what are the potential problems, are questions that new parents are asking. In this session we will discuss the principles of allergenic food introduction and give tips on how to achieve this even in the very young infant.

**14:50 - 15:00 QUICK QUIZ**

**15:00 - 15:35 New Twist on an Old Classic: Interesting Articles of the Year**

**Anne-Marie Sbrocchi, MD, FRCPC**

*Pediatric Endocrinologist, McGill University Health Centre, Montréal, QC*

**Matthew Donlan, MDCM, FRCPC**

*Assistant Professor, General Pediatrics, McGill University; Director of Ambulatory Care, Department of Pediatrics, Montreal Children's Hospital, MUHC, Montréal, QC*

Breaking pediatric news from 2022! Don't worry if you didn't get a chance to read the interesting articles of the year - This dynamic duo has you covered! You won't want to miss this!

**15:35 - 15:45 Quick Quiz and Wrap-Up**

**Helena Evangeliou, MDCM, MBA, FRCPC**

**Chi-Minh Phi, MD, FRCPC**

**Thank You • Merci!**